# **Ossmax DHA** For Bone Growth Formula with DHA

### **Benefits:**

It is a powerful combination for women dealing with different phases of their lives. It's a healthy support for prenatal, pregnant and breastfeeding women.



## What is OSSMax DHA?

OSS Max DHA is a powerful combo of calcium & vitamin D with DHA for bone health. It's a healthy support for women and men dealing with orthopaedic issues.

## What is inside?

#### **CALCIUM CARBONATE**

- Calcium carbonate has the highest content of elemental calcium
- Calcium is important for building and keeping strong bones.
- Help to transmit impulses through your body.
- On an atomic level, calcium ions are used to trigger nervous and muscular activity.
- Helps to relieve PMS(Premenstrual symptoms, such as bloating, and mood swings)

#### **Cholecalciferol (Vit-D)**

- Prevent hypocalcemic tetany
- Enable normal mineralization of bone, together with calcium, and vitamin D.
- Helps protect older adults from osteoporosis.

#### DHA (Docosahexaenoic acid)

- An omega-3 fatty acid is often recommended for women during pregnancy.
- Prevent certain health problems associated with pregnancy, such as preeclampsia.
- Preventing miscarriage and early delivery.
- DHA is essential for the neurological and visual development of a developing child.
- DHA during pregnancy helps to reduce the risk of postpartum depression.

### **Disclaimer:**

We prioritize providing accurate and reliable information to our consumers. However, it's crucial to understand that the details provided here are meant for informational purposes only. They should not be considered a substitute for professional medical advice. Always consult a qualified physician for personalized guidance tailored to your specific health needs

### **Optimum Dose:**

1 to 2 tablets daily or as directed by a physician.

#### Composition:

Each film coated tablet Contains	:
Calcium Carbonate	
Vitamin D3	. 400IU
Docosahexaenoic Acid	300mg